SUPERVISOR COMMENTS AUGUST 2021 SIMSTOWNSHIP.ORG

Census Stats ... According to the 2020 census, Sims Township population is 986. When those numbers are compared to the 2010 census, we have experienced a reduction of 109 residents, which is a 10% reduction. However, it appears we are experiencing a re-surge in population since the onset of the pandemic as several have moved into the area permanently as evidenced by the PRE's or Primary Residency address changes and those actual numbers will be available by December. Stayed tuned.

Water Meter Installs ... We have approximately 89 meters remaining to be installed and 48 are in-house meters. The current problem is trying to get a hold of the homeowners to make the in-stalls happen. Another issue is lack of current phone numbers for some. Unfortunately, to encourage everyone to participate, we may have to come up with some type of fine. I will be proposing to our Board that we write a letter and clarify that the township will tack on an additional \$100.00 per quarter to the water bills until such time the meter can be installed. If we get no response, then we turn off the water until such time arrangements can be made to have the meter installed. Section 6(C) of our Ordinance states that the township has "exclusive right" to establish, maintain, and collect charges for the water supply system and Section 10(B) states that the township shall have access to the premises at all reasonable hours for reading, inspecting, doing repairs and installing or removing the meter. The ordinance also allows the township to go to district court to correct the problem.

Transfer Station ... Two things should happen this week at the Transfer Station which are 1) Installation of the new fence and 2) Receiving the new equipment shed, which, by the way, should be in place by Wed p.m. August 18th. Recently some residents have decided the transfer station is open 24 hours a day as some are walking around the gate and disposing of their garbage and some are leaving garbage at the front gate. In both cases, if the gates are locked, it is a situation of both trespassing and illegal dumping. We will go through the trash and look for addresses as we did a few weeks ago and will call law enforcement to pay a visit to the dumpers as they did a few weeks ago. Illegal dumping carries a minimum fine of \$500.00.

Final Thought ... Christie Brinkley, who has been gracing <u>magazine covers</u> for nearly five decades, is often asked about her beauty secrets. But Brinkley, 67, says her best tip isn't about beauty and has nothing to with products or special diets. It's all about gratitude, she says. "Every day, I count my blessings," Brinkley tells <u>CNBC Make It.</u> "Because some days can be better days than others but by the time I finish counting my blessings, I feel like it's a pretty good day. "Taking time each day to practice gratitude gives her added health, energy and productivity, she says. "I always tell my kids to do [it] because it really does move away the

clutter and give you focus. "Many studies over the last decade have shown that those who consciously count their blessings tend to be happier and less depressed. There are also a host of other benefits associated with gratitude, including better sleep, more exercise and lower levels of inflammation and blood pressure, according to Glenn Fox, an expert in the science of gratitude at the University of Southern California's Marshall School of Business. Brinkley says she practices gratitude throughout the day and when she is bothered by something. "As soon as anything is annoying, I put it in perspective," says Brinkley, who spoke with CNBC Make It while promoting beauty tool brand SBLA. Because of that "things just don't really bother me that much because I have a pretty good idea of what really matters," she says. Brinkley has been promoting the practice of gratitude for years. When she made headlines in 2017 for gracing the cover of Sports Illustrated at age 63 with her two daughters, Alexa Ray Joel, now 35, and Sailor Brinkley-Cook, now 23, she told WWD gratitude was a big part of her formula for staying healthy and happy. "Eat right, exercise and sunblock are the three things that will affect your outcome more than anything, as well as a healthy attitude," she said. "An attitude of gratitude is the formula for a happy life and I truly believe that happiness contributes to your wellbeing and to your health."